

7 good practices

FOR RESPONSIBLE SAILORS
ON THE MÉTROPOLE NICE CÔTE D'AZUR COASTLINE



SAFETY AT SEA

Before leaving, I get ready by checking the marine weather forecast, by verifying that I have the right equipment for my activity and making sure I have a way to signal in case of need (I can use my phone by composing 196).

OBSERVE WITHOUT DISTURBING

Biodiversity is sensitive, if I meet marine species, I have to be vigilant to not disturb or endanger it, I must avoid any contact.

ANCHOR WITHOUT KNOCKING

The Posidonie is a marine protected seagrass and an essential habitat of our coastline. To ensure an effective and eco-friendly anchorage, I must follow the 4 simple steps indicated on the reverse side.

FISH WITHOUT PLUNDERING

Marine resources are not endless, as an angler, I inform myself and I especially respect the minimum catch sizes; the regulated species (Grouper, Urchins, etc.) and the prohibited areas. I limit my catches only for my personal consumption.

ENJOY WITHOUT POLLUTING

Sea is not a bin. I absolutely don't throw anything overboard and I have to be careful that no waste can be moved by the wind. I choose vegetal or eco-friendly cleaning products and I favor toilets located in the port.

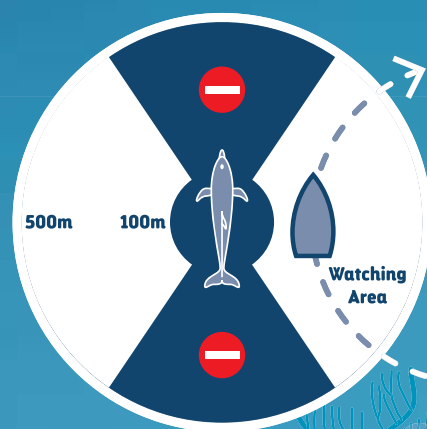
SAIL FOLLOWING THE RULES

Coastline is a busy area, for the safety of all and the environment: I reduce my speed when the coast is near, 5 knots maximum, I respect the regulated area indicated on the marine map or marked by buoy (anchorage prohibited area, motor engine prohibited area...)

SAIL RESPECTING THE OTHERS

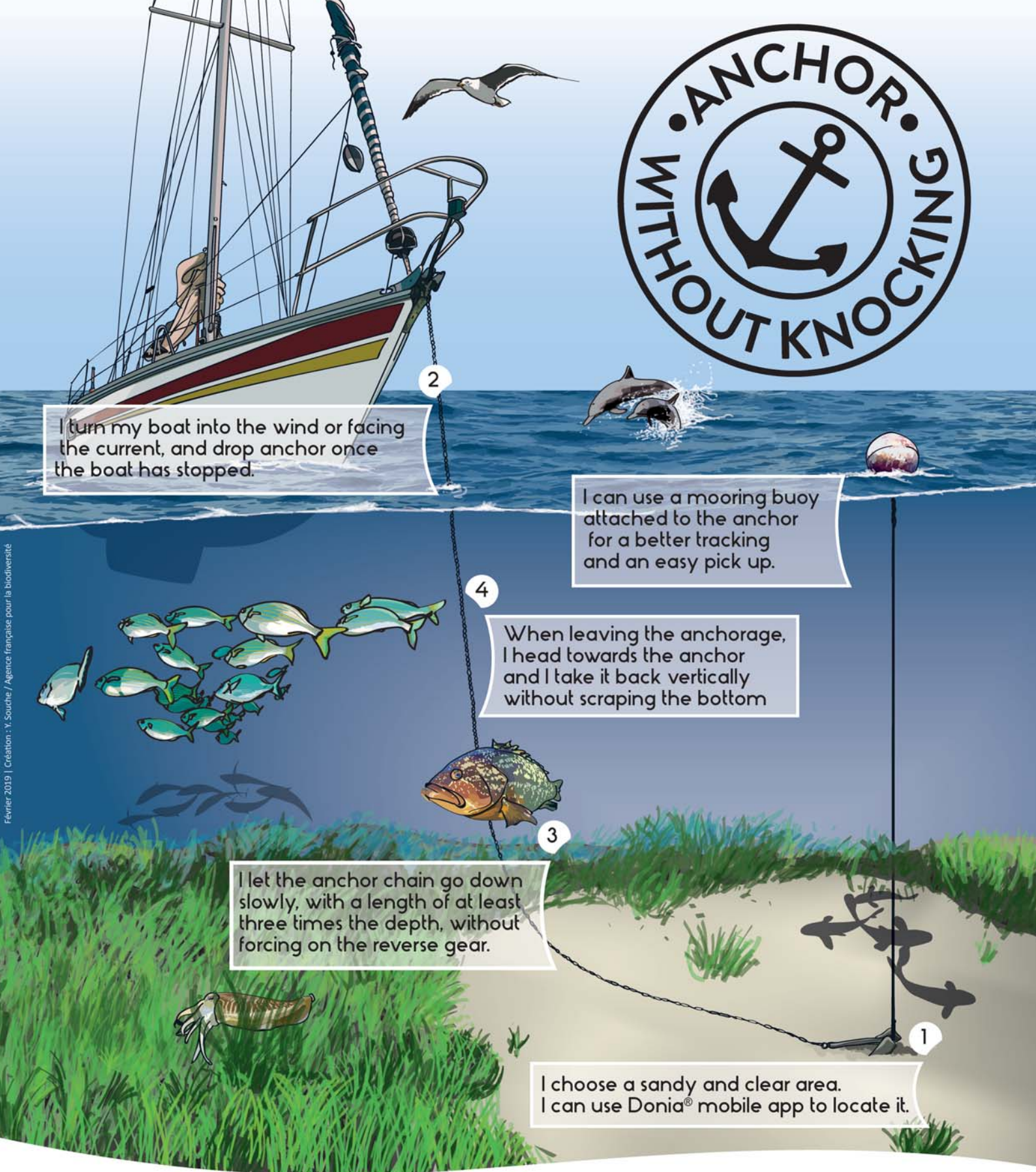
The maritime space is to be shared among all:

- Professional fishermen point out their net: I'm not going near the red flags that may indicate a surface net; if I practice underwater fishing, I have to stay away from all the nets.
- Scuba divers signal their presence with an alpha flag or with a red flag with white diagonal: for their safety I have to greatly reduce my speed and stay alert.



To be more involved in conservation of marine environment,
I can report significant violations that I observe on Métropole Nice Côte
d'Azur (from Cagnes-sur-mer to Cap d'Ail) coastline to the manager:

environnement@nicedazur.org



2

I turn my boat into the wind or facing the current, and drop anchor once the boat has stopped.

I can use a mooring buoy attached to the anchor for a better tracking and an easy pick up.

4

When leaving the anchorage, I head towards the anchor and I take it back vertically without scraping the bottom

3

I let the anchor chain go down slowly, with a length of at least three times the depth, without forcing on the reverse gear.

1

I choose a sandy and clear area. I can use Donia® mobile app to locate it.

The goal of the Life Marha project is to restore and maintain a favourable conservation status of marine natural habitats, which are home to some important biodiversity, and which bring us a range of services, such as nutrition, coastal protection, thermal regulation, energy and pharmaceutical resources, etc.

marha
marine habitats

MÉTROPOLE
NICE CÔTE D'AZUR

AGENCE FRANÇAISE
POUR LA BIODIVERSITÉ
ÉTABLISSEMENT PUBLIC DE L'ÉTAT



MINISTÈRE
DE LA TRANSITION
ÉCOLOGIQUE
ET SOLIDAIRE

